

CARDIOVASCULAR

## DISEASE MANAGEMENT PRECEPTORSHIPS

Congestive Heart Failure: CHAMP®

Cardiovascular Risk Reduction: Heart Smart

Anticoagulation Management: ACT



Catholic Healthcare West

Mercy Heart Institute  
3939 J Street, Suite 220  
Sacramento, CA 95819

The Mercy Heart Institute Preceptorship program is supported by educational grants provided by pharmaceutical companies that have a commitment to risk reduction and CHF management.

### Cardiovascular Disease Management Program Goals

#### *CHAMP*

- 85% enrolled patients on ACEI or ARB
- 40% enrolled patients on beta blocker
- Maintain reduction in admission of >70%

#### *Heart Smart*

- 75% primary intervention patients LDL<130
- 75% secondary intervention patients LDL<100
- 75% diabetes intervention patients LDL<100

#### *Anticoagulation Clinic*

- Maintain >70% patients within therapeutic INR range
- Maintain <1.5% admission rate for hemorrhagic complications from anticoagulation (GI bleed)
- Measure quality of life, patient satisfaction and physician satisfaction on >50% of enrolled patients each year

#### *Cardiac Conditioning*

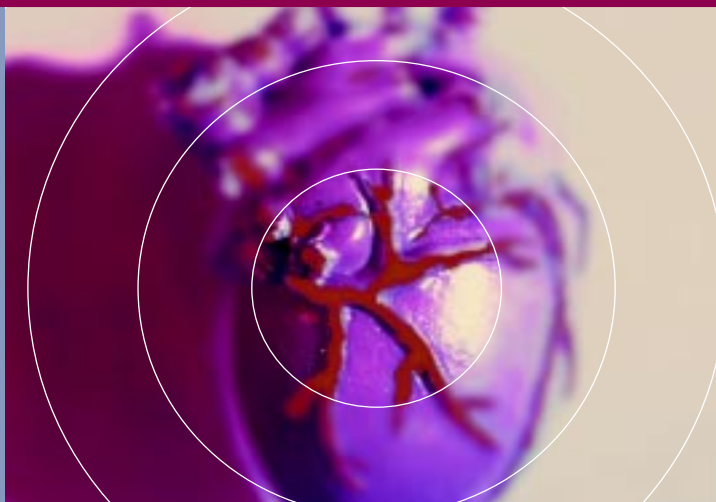
- Increase program enrollment by 10%
- Measure satisfaction on >75% of patients yearly
- Determine clinical and financial impact (event rate, readmission rate, bed days, cost, quality of life) yearly

**Mercy Heart Institute  
Catholic Healthcare West  
Cardiovascular Disease Management**

**CHAMP — Congestive Heart Active  
Management Program**

**Heart Smart — Risk Reduction  
Program**

**ACT — Anticoagulation Team**



#### **Preceptorship Goal**

To assist healthcare professionals in the design and implementation of disease management programs.

#### *Objectives:*

- To provide practical information on program design, implementation, treatment plans, clinical and financial outcome measures, data management of CHF, lipid management and anticoagulation clinics.
- To provide the materials and tools needed to implement all disease management programs.

#### **Who Should Attend**

Physicians, pharmacists, dietitians, exercise specialists, nurses, physician's assistants, managed care directors, managed care decision makers, clinic administrators, data administrators and other healthcare professionals will benefit from Mercy Heart Institute's Preceptorships.

#### **Program Dates and Times — Registration**

Programs are conducted once a month and typically run from 10 a.m.–3:30 p.m. Please call (916) 851-2880 for exact dates and times, and to register.

#### **Locations**

Mercy Heart Institute  
Cardiovascular Disease Management  
3939 J Street, Sacramento  
10540 White Rock Road, Suite 135,  
Rancho Cordova

#### **Training and Resource Materials**

A Toolkit, in binder form, is provided for each participant, which includes materials such as pathways, algorithms, patient handouts and employee education, among other information.

Once you are confirmed for a preceptorship, an agenda, map and participant questionnaire will be provided.

#### **Program Fee**

Fees associated with each program vary based on the number of attendees and sponsorship.

#### **Preceptorship Agenda**

*The curriculum includes materials and discussion on the following topics:*

- Virtual vs. hands-on clinics
- Economic basis for CHF, Risk Reduction and Anticoagulation Clinics
- NCEP guidelines
- CHF/Risk Reduction Clinic referrals and operations
- Non-pharmacological management strategies
- Pharmacological management strategies
- CHF and risk reduction treatment algorithms
- Outcome measures
- Clinic business plans
- Recommended program implementation phases
- Responsibilities of care managers
- Outsourcing vs. self-built
- Supporting computer software for total patient management
- Alternate Web-based technologies as an adjunct to risk reduction /CHF management